

Keeping Fit

In September, former Norwich City footballer, Jeremy Goss, formally opened the new Outdoor Fitness Equipment on the Water Meadows.

The facility is believed to be the first of its kind in Norfolk and comprises six pieces of equipment, including a self weighted rower, hip twister and air skier.

The installation of the equipment means that there are now facilities on the meadows for all age ranges.

'This is one of the best community parks that I've seen,' Mr Goss noted in his opening address.

The ceremony was attended by representatives of the Playing Field Committee, the Women's Institute, the Village Hall Trust and the village's new football team, Scarning Utd. Breckland District Councillor, Elizabeth Gould and Norfolk County Councillor Diana Irving also attended.

The purchase and installation of the equipment has been funded entirely by the Parish Council. Near the equipment, the Parish Council has also installed a second youth shelter.

The Bells, the Bells.

The bells in Scarning Church have been rung for centuries. However, of late, the six bells have been largely silent.

Now, a group of volunteers based at Dereham Church is determined that the bells should once again be heard on a more regular basis and is looking for additional help.

If you have ever thought you would like to ring the mighty bells of Scarning, then now could be your moment. Anyone from the age of ten can learn to ring bells. All that is needed is enthusiasm, determination and persistence.

If you would like more information, please contact Bill Dingle on 01362 695624.

Christmas Fair

The Christmas Fair will be held this year from 10am to 4pm on 28 November in the Village Hall. Stalls will include crafts, books, paintings, Meggy Moos, Pampered Chef and lots more. Refreshments will be available.

If you would like to hold a stall, please contact Yvonne Long on 695633.

Scarning United Charities

Scarning United Charities is responsible for maintaining the village allotments and another area of land in Scarning. The income from the land is used to support those in need in the village.

If you know a worthy recipient, please write to the clerk to the charity at Oakleigh House, Shipdham Lane, Scarning, NR19 2LB, putting forward the reasons you have nominated them. All information is treated in the strictest confidence.

Art for Arts Sake

Art classes in the village started in January 2001 and grew from an initial intake of seven to a membership of fifty. The classes were initially held one day a week, but swiftly moved to twice a week in order to accommodate demand.

The Art Groups have also staged five very successful Art Exhibitions in Seaming Church and latterly, the Village Hall. The exhibitions have not only allowed members to show their work to a wider audience, but raised a considerable sum towards the maintenance of the church.

The success of the group has largely been down to the work of Ted Geeson. Mr Geeson has been instrumental in running the classes and those who have attended the classes owe him a deep debt of thanks for all his hard work and devotion.

Due to illness, Ted will no longer be running classes. Art classes in the village will nevertheless continue. A group of former members has started on Wednesday mornings. There is also a new Scarning Art Club, which runs every Thursday from nine till noon. For more information about the Wednesday group, contact Joy Sands on 691486. For the Thursday group, please contact Ian Kelly on 696369.

Help Whip Cancer

An evening of cooking will be held in the Village Hall on 21 October at 7.30pm. Tickets are £1. Exclusive pink products will be available as well as the usual Pampered Chef products. Guests will be able to try out kitchen gadgets and products aimed at saving time in the kitchen. All proceeds to Cancer Research UK and Pampered Chef will donate up to 25% of sales from the evening. For more details please contact Nicola on 690438 or visit www.pamperedchef.biz/nicolachops

Village History

Following the success of the village history, it has been suggested that there should be some means for villagers to record and preserve their memories of life in Seaming. This would take the form of villagers writing, typing or recording their memories, the contents of which would then be stored in the Village Hall.

At the same time, it is important to preserve photographs and documents, some of which could possibly be included in any subsequent reprint of the book.

It is proposed to hold a Heritage Day next spring to which all villagers could come along. If you think this is a worthwhile project, or would like to be involved, please phone Sheila Eagle on 687283.

Parish Council

Les Spillman has been appointed to the Parish Council. He replaces Paul Wadsworth.

Fuel Allotment Charity

Scarning Fuel Allotment Charity is a small charity run on behalf of residents of the parish. Each year the charity has a small amount of money available to support those in need. If you know a worthy recipient, please write to the clerk to the charity at Oakleigh House, Shipdham Lane, Seaming, NR19 2LB. All information is treated in the strictest confidence. New applications only please.